## Navier–Stokes equations tutorial

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Consider the incompressible Navier–Stokes equations on a bounded domain  $\Omega$  with viscous boundary conditions. The goal of this tutorial is to derive some energy estimates and achieve some fluency in performing these types of calculations.

 $Question \ 1$  Show that the Navier–Stokes equations can be expressed in the form

$$rac{\partial oldsymbol{u}}{\partial t} + oldsymbol{\omega} imes oldsymbol{u} = 
u \, \Delta oldsymbol{u} - 
abla ig( p + rac{1}{2} |oldsymbol{u}|^2 ig) + oldsymbol{f}$$

Directly compute the quantity  $(\mathrm{d}/\mathrm{d}t) \| \boldsymbol{u} \|_{L^2}^2$  and use Hölder's inequality to show that

$$\frac{\mathrm{d}}{\mathrm{d}t} \|\boldsymbol{u}\|_{L^2}^2 + 2\nu \|\nabla \boldsymbol{u}\|_{L^2}^2 \leqslant \delta \|\boldsymbol{u}\|_{L^2}^2 + \frac{1}{\delta} \|\boldsymbol{f}\|_{L^2}^2,$$

for some constant  $\delta > 0$ . Hence derive a uniform upper bound for  $\|\boldsymbol{u}\|_{L^2}^2$  in time and deduce that for any time T > 0:

$$\boldsymbol{u} \in L^{\infty}([0,T]; L^{2}(\Omega; \mathbb{R}^{d})) \cap L^{2}([0,T]; H^{1}(\Omega; \mathbb{R}^{d}))$$

Question 2 By considering the  $L^2$ -inner product of  $-\Delta u$  with the Navier–Stokes formulation quoted above, using that  $-\Delta u = \nabla \times \omega$  show that

$$\frac{1}{2}\frac{\mathrm{d}}{\mathrm{d}t}\|\nabla \boldsymbol{u}\|_{L^{2}}^{2}+\nu\|\boldsymbol{\Delta}\boldsymbol{u}\|_{L^{2}}^{2}=\int_{\boldsymbol{\Omega}}\boldsymbol{\omega}^{\mathrm{T}}(\nabla \boldsymbol{u})\boldsymbol{\omega}\,\mathrm{d}\boldsymbol{x}-\langle\boldsymbol{\Delta}\boldsymbol{u},\boldsymbol{f}\rangle_{L^{2}}$$

1. Assume d = 2. Show that

$$\boldsymbol{u} \in L^{\infty}\left([0,T]; H^{1}(\Omega; \mathbb{R}^{d})\right) \cap L^{2}\left([0,T]; H^{2}(\Omega; \mathbb{R}^{d})\right)$$

2. Assume d = 3. Use the Hölder and Gagliardo–Sobolev–Nirenberg inequalities to show that for some constant c:

$$\frac{1}{2}\frac{\mathrm{d}}{\mathrm{d}t}\|\nabla \boldsymbol{u}\|_{L^2}^2+\nu\|\boldsymbol{\Delta}\boldsymbol{u}\|_{L^2}^2\leqslant \frac{c}{\nu^3}\|\nabla \boldsymbol{u}\|_{L^2}^6+\frac{2}{\nu}\|\boldsymbol{f}\|_{L^2}^2.$$

What can you deduce from this inequality?